

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>REIKI is by APPT for people in treatment. Call either House to make your 1st appt.</i></p>		<p>Four Week Program in Westfield What Now When Treatment Ends?</p>	<p>→</p>	<p>1 3-6pm Reiki 10:30 Yoga-Genesis 5:30 All Cancers 7pm What Now? 10am-1pm Reiki 2:30pm Yoga 3-6pm Reiki</p>	<p>2 WESTFIELD HOUSE OPEN 10AM-3PM FOR WALK-INS SPRINGFIELD HOUSE</p>	<p>3 Westfield YMCA "Cook Off" 11:30-2pm (proceeds benefit CHH)</p>
4	<p>5 3pm-6pm Reiki 6pm Children/Teens Support Group</p>	<p>6 6pm Bereavement 6:30pm Relaxation 10:30am Yoga 6:00pm All Cancers</p>	<p>7 5:45 Cancer Conquerors 5:00 Family & Friends</p>	<p>8 3-6pm Reiki 10:30 Yoga-Genesis 5:30 All Cancers 7pm What Now? 10am-1pm Reiki 2:30 Yoga 3-6pm Reiki</p>	<p>9 WESTFIELD HOUSE OPEN 10AM-3PM FOR WALK-INS SPRINGFIELD HOUSE CLOSED</p>	10
11	<p>12 3pm-6pm Reiki 5:30 Tending to Your Spirit 7:00 Family & Friends Springfield House Open Until 4pm</p>	<p>13 6pm Bereavement 6:30pm Relaxation 10:30 Yoga 5:00 Melanoma Group 6:00pm All Cancers</p>	<p>14 5:45 Cancer Conquerors 5:00 Family & Friends</p>	<p>15 3-6pm Reiki 10:30 Yoga-Genesis 5:30 All Cancers 7pm What Now? 10am-1pm Reiki 2:30 Yoga 3-6pm Reiki</p>	<p>16 WESTFIELD HOUSE OPEN 10AM-3PM FOR WALK-INS SPRINGFIELD HOUSE CLOSED</p>	17
18	<p>19 HOUSES CLOSED IN OBSERVANCE OF PRESIDENT'S DAY</p>	<p>20 6pm Bereavement 6:30pm Relaxation 10:30 Yoga 6:00pm All Cancers</p>	<p>21 5:45 Cancer Conquerors 5:00 Family & Friends</p>	<p>22 3-6pm Reiki 10:30 Yoga-Genesis 5:30 All Cancers 7pm What Now? 10am-1pm Reiki 2:30 Yoga 3-6pm Reiki</p>	<p>23 WESTFIELD HOUSE OPEN 10AM-3PM FOR WALK-INS SPRINGFIELD HOUSE CLOSED</p>	24
25	<p>26 3pm-6pm Reiki 5:30 Tending to Your Spirit 7:00 Family & Friends 6pm Children/Teens Support Group</p>	<p>27 6pm Bereavement 6:30pm Relaxation 10:30 Yoga 6:00pm All Cancers</p>	<p>28 5:45 Cancer Conquerors 5:00 Family & Friends</p>	<p>29 3-6pm Reiki 10:30 Yoga-Genesis 5:30 All Cancers 10am-1pm Reiki 2:30 Yoga 3-6pm Reiki</p>	<p>30</p>	