

January 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 HOUSES CLOSED IN OBSERVANCE OF NEW YEAR'S DAY	3 6pm Bereavement 6:30pm Relaxation 10:30am Pilates/Yoga 6:00pm All Cancers	4 5:45 Cancer Conquerors 5:00 Family & Friends	5 3-6pm Reiki 10:30 Yoga-Genesis 5:30 All Cancers 10am-1pm Reiki 2:30pm Yoga 3-6pm Reiki	6 WESTFIELD HOUSE OPEN 10AM-3PM FOR WALK-INS SPRINGFIELD HOUSE CLOSED	7
8	9 3pm-6pm Reiki 5:30 Tending to Your Spirit 7:00 Family & Friends 6pm Children/Teens Support Group	10 6pm Bereavement 6:30pm Relaxation 10:30am Pilates/Yoga 5:00 Melanoma 6:00pm All Cancers	11 5:45 Cancer Conquerors 5:00 Family & Friends	12 3-6pm Reiki 10:30 Yoga-Genesis 5:30 All Cancers 10am-1pm Reiki 2:30 Yoga 3-6pm Reiki	13 WESTFIELD HOUSE OPEN 10AM-3PM FOR WALK-INS SPRINGFIELD HOUSE CLOSED	14
15	16 HOUSES CLOSED IN OBSERVANCE OF MLK JR. DAY	17 6pm Bereavement 6:30pm Relaxation 10:30 Pilates/Yoga 6:00pm All Cancers	18 5:45 Cancer Conquerors 5:00 Family & Friends	19 3-6pm Reiki 10:30 Yoga-Genesis 5:30 All Cancers 10am-1pm Reiki 2:30 Yoga 3-6pm Reiki	20 WESTFIELD HOUSE OPEN 10AM-3PM FOR WALK-INS SPRINGFIELD HOUSE CLOSED	21
22	23 3pm-6pm Reiki 5:30 Tending to Your Spirit 7:00 Family&Friends 6pm Children/Teens Support Group	24 6pm Bereavement 6:30pm Relaxation 10:30 Pilates/Yoga 6:00pm All Cancers	25 5:45 Cancer Conquerors 5:00 Family & Friends	26 3-6pm Reiki 10:30 Yoga-Genesis 5:30 All Cancers 10am-1pm Reiki 2:30 Yoga 3-6pm Reiki	27 WESTFIELD HOUSE OPEN 10AM-3PM FOR WALK-INS SPRINGFIELD HOUSE CLOSED	28
29	30 3pm-6pm Reiki Springfield House Open Until 4pm	31 6pm Bereavement 6:30pm Relaxation 10:30 Pilates/Yoga 6:00pm All Cancers		REIKI is by APPT for people in treatment. Call either House to make your 1st appt.		NOTE: Living w/ Advanced Cancer, Recently Diag. and What Now? Will meet on an AS NEEDED basis. Please call for info.