



Outpatient Behavioral Health Services

Parents and Children in Divorce



Seminars for Parents
2012

About Us

CHD's Outpatient Behavioral Health Service clinics seek to strengthen and promote the quality of life for children, adults and families through education, counseling and support.

*Our clinics were formerly part of **Child & Family Service of Pioneer Valley** until 2008, when the agency merged with the Center for Human Development.*

*Founded in 1972, the nonprofit **Center for Human Development (CHD)** is now a family of more than 40 programs that deliver a wide range of social services in communities throughout Western Massachusetts and Connecticut in the areas of mental health, youth mentoring, family stabilization, foster care, early intervention, elder care, occupational therapy, intellectual and physical disabilities, , homelessness prevention, substance abuse and juvenile justice.*

For more information about the divorce group seminars, please call:

413-737-4718

For a complete list and description of CHD programs and services, please visit our Web at:

www.chd.org



Important — Each participant must complete a separate registration form.

Workshop: 1st Choice: _____ 2nd Choice: _____

Name: _____ Phone: _____

Address: _____

Street _____ City _____ State _____ Zip _____

\$80 fee (per participation) is enclosed. *Please do not send cash.*

Make checks payable and send to:

**Center for Human Development, Inc.
246 Park Street,, West Springfield, MA 01089**

Payment may also be made in advance with VISA or MasterCard in person at our 367 Pine Street, Springfield, or West Springfield clinics.

IMPORTANT: Name of spouse or parenting partner: _____

In accordance with the Commonwealth of Massachusetts mandate, PARTNERS WILL BE SCHEDULED FOR SEPARATE WORKSHOPS.

What is Parents and Children in Divorce?

Divorce is as difficult and challenging a transition for children as it is for parents. This five-hour seminar will help you parent your children through this transition and adjust to the effects of divorce. Through discussion, video, role playing and workbooks, licensed professionals help parents explore the needs of children in divorce and develop practical coping strategies.

Topics to be discussed include:

- Cooperative parenting after separation and divorce
- Helping families navigate divorce disputes
- Stages of adjustment to divorce
- Effective communication techniques
- Conflict management
- Keeping children out of the middle

For more information, call:

413-737-4718

or

1-800-232-0510 V/TTY

Center for Human Development

246 Park Street

West Springfield, MA 01089

Fax: 413-827-7817

EOE/AA/ADA compliant

2012 Seminar Dates

Springfield

*Baystate Health, 3300 Main St. **
Thursdays, 6:00 p.m. to 8:30 p.m.
Saturdays, 9:00 a.m. to 11:30 a.m.

January 5, 7	July 5, 7
February 2, 4	August 2, 4
March 1, 3	September 6, 8
April 5, 7	October 4, 6
May 3, 5	November 1, 3
June 7, 9	December 6, 8

West Springfield

*CHD, 246 Park Street **
Tuesdays and Wednesdays
6:00 p.m. to 8:30 p.m.

January 17, 18	July 17, 18
February 21, 22	August 21, 22
March 20, 21	September 18, 19
April 24, 25	October 23, 24
May 15, 16	November 13, 14
June 19, 20	December 18, 19

Ware

*Mary Lane Hospital **
Wednesdays and Thursdays
6:00 p.m. to 8:30 p.m.

February 8, 9	August 8, 9
April 11, 12	October 10, 11
June 13, 14	December 12, 13

** Directions to our meeting rooms will be sent with confirmation of registration. Dates and locations are subject to change. Please call to confirm.*

Program Information

- The five-hour seminar is divided into two sessions, each 2½ hours long
- To complete the program, participants must attend both sessions in their entirety
- Approved by the Probate and Family Court in Massachusetts
- Programs are offered monthly, evenings and weekends at convenient locations
- Pre-registration is required
- Spouses may not attend the same sessions
- We regret that we cannot offer child care
- Fee: \$80 per person
- At the end of the second session participants will receive a certificate of completion

To Register

Fill out the registration form in brochure and send it along with the \$80 program fee to the address on the registration form. A confirmation letter will be sent to you giving exact information regarding time and date of program. Registration and payment must be received seven days prior to the seminar date.

