

You can support the work
of Family Outreach!

Yes! I would like to **make a donation**
to **Family Outreach of Amherst.**

- ◇ \$50
- ◇ \$100
- ◇ \$150
- ◇ Other \$ _____
- ◇ Mastercard/Visa # _____
Exp. _____

Yes! I would like to **become a Friend of**
Family Outreach and receive periodic
emails when an immediate need arises.

E-mail address _____

Yes! I would like to be added to the Family
Outreach mailing list.

Name _____

Address _____

Telephone _____

CHD



Family Outreach of Amherst



HELPING STRUGGLING FAMILIES HELP THEMSELVES

401 Main Street Suite 12
Amherst, MA 01002
413-549-5548

www.chd.org/familyoutreach

we are **CHD**

CHD
Family Outreach
of Amherst

401 Main Street Suite 12
Amherst, MA 01002



Family Outreach of Amherst: Supporting Struggling Families



How We Help

Family Outreach is the safety net for low-income families in Amherst and the surrounding communities. We are unique in our ability to address all the issues struggling families face: mental health, domestic violence, addiction, housing, and life skills.

We believe the families we work with are experts in their own lives and should be active participants in creating change in their lives.

Home Visiting

Our home visiting program serves more than 100 low-income families each year.

Our visits help to:

- stabilize families in crisis.
- support a family struggling with life skills.
- help with issues such as parenting, budgeting, and conflict resolution.
- help parents access services so they can create healthier, happier lives for themselves and their children.

Echo Village Project

In the Fall of 2008, **FOA** instituted a weekly Homework Club for the residents of Amherst's Echo Village apartments in a lovely space donated by the landlord. **FOA** is stationed in the complex to provide ongoing advocacy, community programs and support to the families who live there.

Crisis Intervention

Family Outreach responds to calls from mothers in crisis, and takes referrals from school counselors, local physicians, and other agencies. **FOA** caseworkers identify community resources required to resolve the crisis and then help to address the issues that brought about the crisis.

Case Management

FOA caseworkers provide ongoing weekly support to struggling families. Services include securing financial benefits, providing transportation to doctors' offices and other appointments, life skills counseling, housing advocacy, parenting support, and accessing proper health care.

Advocacy

FOA provides short-term assistance on specific issues such as mediation with a landlord or a utility company, access to childcare and assistance with health emergencies.

Information and Referrals

FOA responds to calls from families seeking help from resources within our community. Caseworkers assess a caller's needs and then make referrals to appropriate community agencies.

Friends of Family Outreach

**For low-income families,
sometimes a little can mean a lot.**

When faced with a crisis, just getting by can be overwhelming. **Friends of Family Outreach** assists in small ways that make a big difference.

Our Friends have helped by:

- ◆ Providing snow boots to a young child so she could go outside during recess.
- ◆ Helping a single mother of four with her electric bill so she could buy groceries that month.
- ◆ Sponsoring a child for a week of camp so he could escape the worries of a difficult home life.
- ◆ Helping a homeless family move from a relative's living room floor to an apartment of their own by contributing to the first month's rent.

Friends of Family Outreach are folks we can contact when a specific, one-time need arises. Friendship is based simply on a willingness to receive periodic e-mails requesting assistance and a desire to stay informed.

To join **Friends of Family Outreach**, simply fill out the bottom two boxes on the back of this brochure. By filling out the top box to make a donation, you are helping us with the bottom line: operating costs to ensure we continue to help those in our community who need it most.