



Empowering people with physical disabilities and visual impairments

www.chd.org/disabilityresources

CHD Service Areas

Children and Families

Community Resources

Hawthorn Elder Care

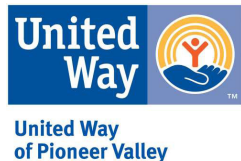
Homelessness Prevention

Intellectual Disabilities

Juvenile Justice

Mental Health/Addiction

Social Enterprises



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nbazanchuk@chd.org
www.chd.org

Wheelchair soccer picks up

The wheelchair soccer season is under way with games this month and practices for upcoming games. The team plays on at PACE School, 69 Capital Drive, West Springfield. The cost for DR members is \$50 and \$70 for non-members.

Practices are held on Wednesday nights from 6:00 p.m. to 8:00 p.m. and Saturday mornings from 10:00 a.m. to noon. The 2011 National Tournament for wheelchair soccer will take place in New York in November. For more information, contact Zach at zferland@spfldcol.edu



Ben Eastman makes a long pass during indoor wheelchair soccer practice at CHD PACE School.

We will be holding a mini-tournament in New Britain, Conn., on October 15. Teams will need to be there by 8:30 a.m. with the first game starting at 9:00 a.m. We will play three games that day. Come out and support the Wild Wheels at Hospital for Special Care in New Britain.

Ambulatory Soccer continues at HCC

Want to come out and learn some new soccer skills? Bring friends and family along to participate in a fun soccer program. The ambulatory soccer program will continue through October. The program will run every Monday night from 5:00 a.m. to 6:30 p.m. on the softball field at Holyoke Community College (HCC), 303 Homestead Ave. Holyoke, MA. For more information, contact Nancy at (413) 788-9695 or nbazanchuk@chd.org.

Please consider a donation or team sponsorship. Visit our secure online donation page at www.chd.org/donate

CHD PROGRAMS

Children and Families

Big Brothers Big Sisters
of Hampshire County
CASA of Hampden County
Early Intervention
Family Outreach of Amherst
Family Support and Stabilization
Foster Care
Independent Living Program
PACE School
Residential Treatment
Safety Zone
Therapeutic Mentoring

Community Resources

Cancer House of Hope
Disability Resources
HIV/AIDS Law Consortium
Not Bread Alone
Occupational Therapy

Hawthorn Elder Care

Adult Day Health

Homelessness Prevention

Diversion, Shelter & Housing
Jessie's House
Single Room Occupancy

Intellectual Disabilities

Meadows Homes
Outreach Team

Juvenile Justice

Adolescent Reentry Services
Adolescent Treatment Program
Alternative Lock-Up
Assessment Program
Juvenile Justice Supports
Secure Residential Treatment
Terri Thomas Girls Program

Mental Health/Addiction

Adult Mental Health
Child & Adolescent Mental Health
Grace House
Outpatient Behavioral
Health Services

Social Enterprises

A New Leaf Flower Shop
Advance Office Cleaning
Riverbend Furniture

Wheelchair Basketball elevates game

This season, **Disability Resources** will be working with the Bay State Clippers, a competitive wheelchair basketball team out of Worcester. If you would like to play basketball at a highly competitive level, you can test your skills with the Bay State Clippers. **For more information, please call Nancy at 413-788-9695 or 413-221-9532** and she will set you up. We are also going to look at starting more competitive wheelchair basketball practices here once we know we have enough people who are interested. The wheelchair basketball season has just started, so please call ASAP. You will have to travel to Worcester for some practices and we will run some here so you don't have to make the long drive every week.



New Sled Hockey season begins

A new season for sled hockey begins in October! Our junior team, the **Springfield Sliders**, for ages 18 and under, will have their first practice on **October 4 from 5:30-7:00 p.m. and every Tuesday after at the same time.** Junior team members will pay a season fee of \$20 this year. Our adult team, the **Western Mass Knights**, will have their **first practice on October 14 from 6:30-8:00.** Both teams practice at **Amelia Park Ice Arena in Westfield.** Practice days and times will vary as the season goes along for the Knights. There will also be a season fee for members of the adult team. If you paid your \$25 membership fee for DRP, then your fee is \$75 for the season. If you have not paid your membership fee, your fee is \$100 for the season. **Contact Nancy at (413) 788-9695 or nbazanchuk@chd.org.**

Adaptive Dance Class in full swing

Though the dance class has started, there is still time to join. **Disability Resources** has partnered with **Unity Dance Spectrum Studio, 405 Broadway Street, Chicopee, MA**, and classes will run through May. We will perform in the studio's Christmas show in December and its recital in May. This class is for ages five to 18 in the DRP, as well as siblings and friends. The fees for the dance class are due to Unity Dance on the first night of the class. A registration fee and a monthly fee of \$32 will be due that night. Please remember the **CHD Disability Resources** program encourages independence. While we offer some help and instruction, if you need one-on-one help we ask that you bring your own. **For more information call Sandy at Unity Dance at 413-427-8156 or CHD's Disability Resource at 413-788-9695.**

Bowl all year long

Looking for something to do on Tuesdays? Come to **AMF Airway Lanes, 1387 Liberty St., Springfield, MA** for some fun every **Tuesday from 12:30 – 2:30 p.m.** Ramps and bowling balls are available. The cost is \$2.50 per game. **Contact Nancy at (413) 788-9695 or nbazanchuk@chd.org.**

October 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Indoor Wheelchair Soccer 10:00-12:00
2 Sled Hockey Captain's Practice 3:30-5:00	3 Ambulatory Soccer 5:00-6:30	4 Bowling 12:30-2:30 Dance 5:45-6:30 Jr. Sled Hockey 5:30-7:00	5 Indoor Wheelchair Soccer 6:00-8:00	6	7	8 Indoor Wheelchair Soccer 10:00-12:00
9 Sled Hockey Captain's Practice 3:30-5:00	10 Ambulatory Soccer 5:00-6:30	11 Bowling 12:30-2:30 Dance 5:45-6:30 Jr. Sled Hockey 5:30-7:00	12 Indoor Wheelchair Soccer 6:00-8:00	13 Dinner at Applebee's Boston Road Springfield 5:00-7:00	14 Adult Sled Hockey 6:30-8:00 Biking 2:00-5:00	15 Indoor Wheelchair Soccer Tournament In Conn. All Day
16	17 Ambulatory Soccer 5:00-6:30	18 Bowling 12:30-2:30 Dance 5:45-6:30 Jr. Sled Hockey 5:30-7:00	19 Indoor Wheelchair Soccer 6:00-8:00	20	21 Adult Sled Hockey 6:30-8:00 Biking 2:00-5:00	22 IWS 10:00-12:00 Sled Hockey Tournament in Burlington, Vt. TBA
23 Sled Hockey Tournament in Burlington Vt. TBA	24	25 Bowling 12:30-2:30 Dance 5:45-6:30 Jr. Sled Hockey 5:30-7:00	26 Indoor Wheelchair Soccer 6:00-8:00	27	28 Biking 2:00-5:00	29 Indoor Wheelchair Soccer 10:00-12:00 Adult Sled Hockey 4:30-6:00
30	31					





Disability
Resources

332 Birnie Ave., Springfield, MA 01107

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Springfield, MA



*Bill Brown
takes a break
during practice for
indoor wheelchair soccer.*

IMPORTANT INFORMATION

New session of Making Healthy Connections starts November 19

We are currently inviting all youths with disabilities and/or special health care needs, ages 14-22, to apply to **Making Healthy Connections**, a program of **Partners for Youth with Disabilities**.

Participants will have opportunities to meet new friends with similar disabilities and learn about subjects such as health care, independent living, fitness, talking to their health care providers independently, adaptive driving and much more. Making Healthy Connections also features a variety of adaptive sports and recreational activities to make every meeting interactive and fun. There is a parent group component as well. In addition, participating youth will be given the opportunity to be matched to an adult mentor with a similar disability.

We need your help to involve eligible youth and their parents in this program. The program meets **two Saturday afternoons per month from 1- 4 p.m. beginning Nov. 19**. Nancy Bazanchuk is the Making Healthy Connections group leader/facilitator. The program is held in Springfield but all youth with disabilities from Western Massachusetts and surrounding areas are invited to apply.

Interested youth and their parents should contact Susan Nicastro, Making Healthy Connections Program Coordinator at (413) 584-0455 or snicastro@pyd.org as soon as possible. More information about Making Healthy Connections and Partners for Youth with Disabilities, Inc. can be found at the Partners for Youth with Disabilities website (www.pyd.org).