

Empowering people with physical disabilities and visual impairments

www.chd.org/disabilityresources

CHD Service Areas

Children and Families

Community Resources

Hawthorn Elder Care

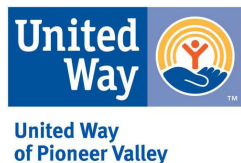
Homelessness Prevention

Intellectual Disabilities

Juvenile Justice

Mental Health/Addiction

Social Enterprises



CHD Disability Resources
367 Pine Street
Springfield, MA 01103
(413) 788-9695 (office)
(413) 221-9532 (cell)
nbazanchuk@chd.org

Knights, Sliders strike in tourney

Both local sled hockey teams, the Western Mass Knights and the Springfield Sliders, finished their seasons with good showings in this year's New England Invitational Sled Hockey Tournament at the Amelia Park Ice Arena in Westfield, April 15-17. The adult team, the Knights, and the Sliders junior team each won a game and finished with third place honors in their respective divisions. The Knights defeated the Capital District Warriors, 3-2, in their opening game, while the Sliders won their first game with a 4-3 victory over the MHS Chariots. **Congratulations to both teams, and we'll see you on the ice again soon!**



Ben Eastman tends goal for the Knights during the 2011 New England Invitational Sled Hockey Tournament.

Track and Field moves to Mondays

Whether you're 4 or 94, come on out for running, wheelchair races for power chairs and manual chairs, slalom, and throwing events. We now meet on Mondays at the Holyoke Community College track to practice from 5:30 p.m. to 7:30 p.m. We have racing wheelchairs for people who would like to use them for practice. No programs will be held in the rain. **For more information or to register for the program, please contact Nancy at 413-788-9695 or nbazanchuk@chd.org.**

Sign up early for fall Dance classes

The next session of children's dance classes starts in September, but it's not too early to sign up. The class is for members of **CHD Disability Resources** and their siblings and friends. The registration fee is \$20, plus a monthly fee of \$32, but discounts are available for those who sign up early. **For more information, call Sandy at Unity Dance at 413-427-8156.**

CHD PROGRAMS

Children and Families

Big Brothers Big Sisters
of Hampshire County
CASA of Hampden County
Early Intervention
Family Outreach of Amherst
Family Support and Stabilization
Foster Care
Independent Living Program
PACE School
Residential Treatment
Safety Zone
Therapeutic Mentoring

Community Resources

Cancer House of Hope
Disability Resources
HIV/AIDS Law Consortium
Not Bread Alone
Occupational Therapy

Hawthorn Elder Care

Adult Day Health

Homelessness Prevention

Diversion, Shelter & Housing
Jessie's House
Single Room Occupancy

Intellectual Disabilities

Meadows Homes
Outreach Team

Juvenile Justice

Adolescent Reentry Services
Adolescent Treatment Program
Alternative Lock-Up
Assessment Program
Juvenile Justice Supports
Terri Thomas Girls Program

Mental Health/Addiction

Adult Mental Health
Child & Adolescent Mental Health
Grace House
Outpatient Behavioral
Health Services

Social Enterprises

A New Leaf Flower Shop
Advance Office Cleaning
Riverbend Furniture

Annual Bowl-a-thon Saturday, May 14

CHD Disability Resources will be holding its 8th Annual Bowl-a-thon on **Saturday, May 14, 2011, from 1:00 p.m. to 5:00 p.m. at AMF Airway Lanes, 1387 Liberty Street, Springfield, Mass.** The entry fee or minimum pledge is \$15, which includes rental shoes and two hours of ten-pin or candle-pin bowling. There are a limited number of bowling ramps available, so if you need a ramp, you must pre-register to reserve one for your timeslot. All ages and abilities are welcome. Walk-ins and roll-ins are welcome. This year's theme is Super Heroes. Prizes will be given to the best team and individual bowler with the best Super Hero outfit. Bring your family, friends, co-workers and neighbors. This is a great way to help support the program and have fun at the same time. For more information or to pre-register, contact Nancy at 413-788-9695 or register online at chd.myetap.org/DRP-Bowl-a-Thon/



Children's Art extended until May 21

CHD Disability Resources's children's arts and music program has been extended through Saturday, May 21. The group is for children 5 to 14 years old and meets on Saturdays from 10:30 a.m. to 12 noon at **CHD's main office, 332 Birnie Ave., Springfield.** This is a good way to make friends while listening to your favorite music and making some cool arts and craft projects. Bring a CD to share with others. All CDs must be appropriate for all group members. The group is run by Amity Giard, an intern from Springfield College who is a student in Rehabilitation and Disability Studies. Nancy Bazanchuk will also be there to help out. If you haven't already signed up and paid, the cost for the remaining sessions is \$2 a week for non-members and \$1 a week for Disability Resources' members.

Fore! Thursday golf starts May 19

The **Golf for All People** program will meet Thursdays beginning May 19, 3:30 – 5:00 p.m. at **Fenway Golf, 112 Allen St., East Longmeadow.** Participants work with golf pro Susan Teitel. The cost of the program is \$10 with balls included. Please call (413) 788-9695 and sign up so we will be sure to have enough equipment for everyone.

Spring Cleaning?

If you have any used adaptive equipment you want to get rid of, please consider donating it to CHD Disability Resources. **Call Nancy at (413) 788-9695 or e-mail her at nbazanchuk@chd.org.**

May 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>Track & Field</i> 5:30-7:30	3 <i>Bowling</i> 12:30-2:30 <i>Dance</i> 5:45-6:30	4	5	6 <i>Dance Recital</i> <i>Dress Rehearsal</i>	7 <i>Art & Music</i> 10:30-12:00 <i>MHC</i> 1:00-4:00 <i>Dance Recital</i> 6:00-9:00
8	9 <i>Track & Field</i> 5:30-7:30	10 <i>Bowling</i> 12:30-2:30	11	12	13	14 <i>Art & Music</i> 10:30-12 <i>Bowl-a-thon</i> 1:00-5:00
15	16 <i>Track & Field</i> 5:30-7:30	17 <i>Bowling</i> 12:30-2:30	18	19 <i>Golf</i> 3:30-5:00	20	21 <i>Art & Music</i> 10:30-12:00 <i>MHC</i> 1:00-4:00
22	23 <i>Track & Field</i> 5:30-7:30	24 <i>Bowling</i> 12:30-2:30	25	26	27	28 <i>MHC</i> 1:00-4:00
29	30 <i>Memorial Day</i> <i>Office Closed</i> <i>Track & Field</i> <i>TBA</i>	31 <i>Bowling</i> 12:30-2:30				





Disability Resources

332 Birnie Ave., Springfield, MA 01107

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Springfield, MA

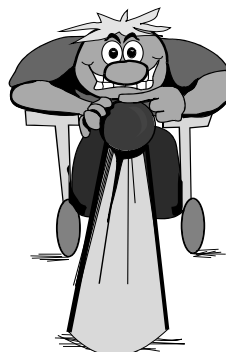


Everyone had fun at last month's Aquathon, which raised more than \$1,500 for the program.

UPCOMING EVENTS

8th Annual BOWL - A - THON

All ages and abilities!
Walk-ins and Roll-ins welcome!



Saturday, May 14, 2011

1:00 p.m. to 5:00 p.m.

AMF Airway Lanes
1387 Liberty Street
Springfield

\$15 entry fee
(or minimum pledge)

Come dressed as your favorite Super Hero and win a prize
(See Page 2 for more details.)

To pre-register, call CHD Disability Resources at 413-788-9695.

Or register online now at: chd.myetap.org/DRP-Bowl-a-Thon/