



CHD Disability Resources
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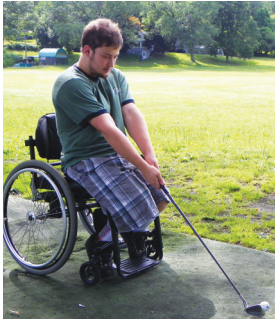
www.chd.org/disabilityresources

CHD Disability Resources seeks to empower individuals with physical disabilities and visual impairments through organized activities and self-advocacy.



Empowering people with physical disabilities and visual impairments





CHD Disability Resources is open to all individuals, age 4 and up, with physical disabilities or visual impairments. Through a variety of activities, from adaptive sports to social gatherings and educational events, we seek to enhance the self-confidence, interactive skills and physical abilities of program participants.

Adaptive Sports and Activities. CHD Disability Resources offers a variety of adaptive sports, creating barrier-free recreational and competitive opportunities for people of all skill levels and age groups, as well as their family members and friends. Our activities run year-round and include cycling, bowling, sled hockey, golf, swimming, softball, wheelchair soccer, wheelchair basketball, dance, goalball, skiing, music and more. Our Junior Sports program allows young people to come and try out a variety of different sports every week in a fun, recreational environment. Our social outings include trips to the movies, restaurants, concerts, and sporting events.

Equipment Loan Program. Our adaptive sports equipment is available to borrow for a nominal fee. We lend out hand cycles, sport wheelchairs, bi-skis and mono-skis, beach wheelchairs, bowling equipment and more.

Community Presentations. CHD Disability Resources also seeks to educate and inform the public through presentations at schools and businesses. Presentations are directed to the audience, inviting them to ask questions and participate in wheelchair activities. We conduct more than 40 free presentations every year to more than 3,000 people.

About the director.

Nancy Bazanchuk, (pictured on front cover, right) has been program director of CHD Disability Resources since 1998. A double amputee from the age of 2, she has never let her disability prevent her from living an active life. She holds a bachelor's degree in physical education from Bridgewater State University, where she was a varsity swimmer.

Information, Referrals and Services. CHD Disability Resources collects information on other programs, agencies and services available to people with disabilities. Our staff can answer questions and provide contact information and offer direction and support on issues relevant to individuals with disabilities and their families. We also have a lending library of books, pamphlets and videos available on a wide range of disability topics.

Membership and benefits. An annual membership fee of \$25 per year is requested to help offset program and equipment costs. Members receive reduced rates on activities, special events and equipment loans, as well as a subscription to our monthly newsletter. The newsletter, our monthly events calendar and our weekly e-mail updates keep members informed about events and issues of interest to people with disabilities.

CHD, the nonprofit Center for Human Development, is a family of more than 40 programs that deliver a wide variety of social services in communities throughout Western Massachusetts and northwestern Connecticut in areas such as early intervention, youth mentoring, family stabilization, foster care, disability resources, mental health/addiction, homelessness prevention and juvenile justice. Our main office is located at 332 Burnie Ave., Springfield, MA, 01107. For a complete list of programs and services, please visit us on the Web at www.chd.org.